

UTAH MEN'S HEALTH | Ahead of the Curve

ANDROGEN (MALE HORMONE) DEFICIENCY & SEXUAL DYSFUNCTION QUESTIONNAIRE (ADAM)

Your Age: _____

1. Do you have a decrease in libido (sex drive)?
Yes No

2. Do you have lack of energy?
Yes No

3. Do you have a decrease in strength and/or endurance?
Yes No

4. Have you lost height?
Yes No

5. Have you noticed a decreased "enjoyment of life"?
Yes No

6. Are you sad and/or grumpy?
Yes No

7. Are your erections less strong?
Yes No

8. Have you noticed a recent deterioration in your ability to play sports?
Yes No

9. Are you falling asleep after dinner?
Yes No

10. Has there been a recent deterioration in your work performance?
Yes No

SCORE: _____