

UTAH MEN'S HEALTH | Ahead of the Curve

TRIMIX PATIENT HANDOUT

Trimix

TriMix injections are a mixture of three drugs (phentolamine, papaverine and alprostadil) that is customized and compounded for each patient. It is used to achieve and maintain an erection for men struggling with erectile dysfunction.

Instructions

- ⇒ May inject 3 times per week, alternating sides, with 24 hours between injections.
- ⇒ Start with 15 units unless otherwise instructed. May increase by 5 units each time until desired effect is achieved.
- ⇒ Inject at 90 degrees, close to the base of the penis.
- ⇒ Inject while sitting or standing. Hold pressure at injection site for 2 minutes.
- ⇒ Keep medicine in the refrigerator.
- ⇒ May pre-load syringes and keep them in the freezer once you know what dose works for you.
- ⇒ Replace medicine every 3 months.
- ⇒ If you have an erection that lasts more than 3 hours, go to the emergency room.
- ⇒ If you are using 50 units and not getting an adequate erection, call and we will prescribe a stronger formulation.
- ⇒ Return to clinic in 3 months.

Call with the office with questions: **(801) 587-1454**